



Orizon Center for Life & Creation

# Days of New Path for Life, Music & Peace

## SUNDAY PROGRAM

04 / 05 / 2014



10:00 – 11:30

**Yoga for Peace with Stella Kremmyda**

12:00 – 14:00

**Heart-opening Movement Meditation and Inner Journey for Peace  
guided by Ingrid Margarita Kokotsaki**

17:00 – 19:00

**Painting Peace workshop for children  
with Sabella Sabine Schumacher**

18:00 – 19:00

**Feeling Peace energy work guided by Ingrid Margarita Kokotsaki**

19:00 – 20:15

**Doors opening for dinner & drinks**

20:15 – 20:30

**Welcome words by Ingrid Margarita**

20:30 – 22:50

**Music concert performed  
by George Papaioannou and Christos Barbas**

Entrance:

- for music concert and a glass of drink: **7€**

- for music and a 3 course dinner **15€** (incl. ½ kilo of wine for two)

**Please make a booking for the dinner by email: [ingrid.orizon@gmail.com](mailto:ingrid.orizon@gmail.com)  
or call (+30) 697 414 3598**

*The creative & meditative programs are free of charge.*

*Donations are appreciated.*



## MONDAY PROGRAM

05 / 05 / 2014



10:00 – 11:30

**Yoga for Peace with Stella Kremmyda**

17:00 – 19:30

**Painting Peace workshop for the Artist in You  
with Sabella Sabine Schumacher**

20:00 – 22:00

**Meditation to raise consciousness and promote peace  
guided by Ingrid Margarita Kokotsaki**

*The creative & meditative programs are free of charge.*

*Donations are appreciated.*



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ORIZON WELCOME

### Spring opening of community days at the Orizon Center for Life & Creation

on 4th - 5th May, 2014 - Akrimios, Megala Chorafia, Aptera

The Orizon Center for Life & Creation is a special place in Crete where energy moves to enable positive and lasting changes in ourselves and our surroundings. The Orizon Center for Life & Creation, an extension of the Akrimios Centre founded by Ingrid Margarita Kokotsaki and her family many years ago, has now opened its doors to raise consciousness and help visitors wishing to make their lifelong journey more happy and meaningful.

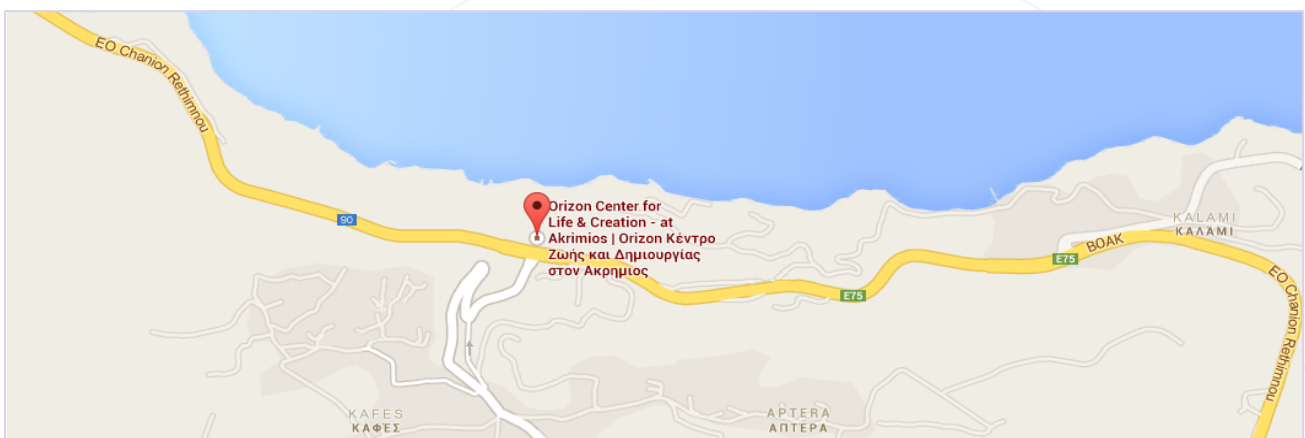
Celebrating the full bloom of spring with the **rebirth of the Community Center**, Orizon invites people from all over Crete – Greeks and visitors from around the world – to join a series of joyful and peaceful events to be held on 4th - 5th May, 2014.

On Sunday 4th of May the programs at the Orizon Center will be dedicated to life and creation, gathering locals and visitors, small communities, families, friends, and any like-minded individuals looking to connect. A day of bodywork, including yoga and dance, artwork with painting workshops will be completed with a **music concert performed by the special duet of George Papaioannou and Christos Barbas**. The two musicians are close friends for years and have worked in many groups (Labyrinth, Neda). In this special concert they are exploring the possibilities of an unusual "duet" Violin and Ney, having other instruments – cellos, guitars, flutes, accordion, oud and other Greek & Middle Eastern musical instruments – playing as their guests, with the two of them exclusively.

Monday 5th of May is the **International Day of Peace**. The Orizon Center for Life & Creation will take part and be one of the venues worldwide to contribute in working towards a more sustainable community locally and globally. The Orizon Center is inviting volunteers to offer their talents assisting those in need, as well as companies and individuals capable to donate tools, instruments and equipment that are no longer required but still suitable for educational facilities. The Orizon Center for Life & Creation will serve as a meeting point and exchange for information and assets.

The two-day event, creating a new path for life, music and peace will be completed by a **group meditation to raise consciousness and promote peace** on the evening of the 5th of May.

The programs will take place at the Orizon Center at Akrimios that can be found near the 11 km on the National Road between Rethymno & Chania, opposite the turn to Aptera.



### Contact

Please contact us with any question for further information by email: [ingrid.orizon@gmail.com](mailto:ingrid.orizon@gmail.com) or call (+30) 697 414 3598  
More daily information also at [www.akrimios-orizon.com](http://www.akrimios-orizon.com) and on [facebook.com/OrizonCenterForLifeAndCreation](https://www.facebook.com/OrizonCenterForLifeAndCreation)